

Youth Vaping Prevention Resources for Educators

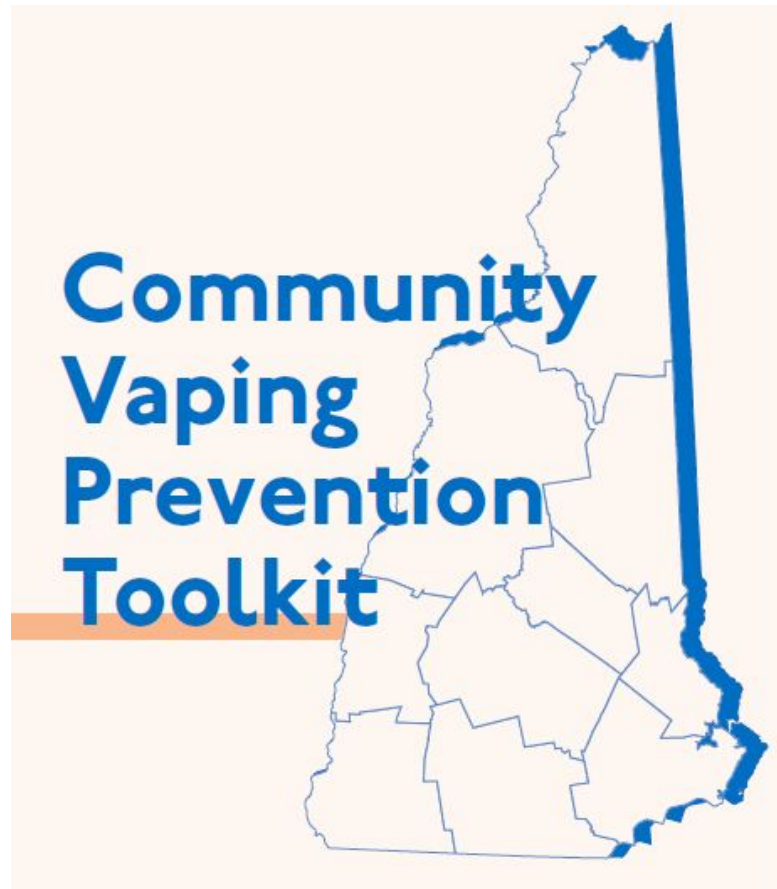
Jessica Morton
NH Tobacco Prevention and Cessation Program



Department of
**HEALTH &
HUMAN SERVICES**

Division of
Public Health

Vaping Resources Toolkit



- Clarification of Tobacco Law
- Community Vaping Prevention Presentation
- School Policy & Practices: Supportive Discipline
- Vaping Prevention and Cessation Programs
- School Bulletin Board Material
- Caregiver Communication
- Safe Vape Disposal
- General Resources



Videos

- ❖ [Talk with Your Young Patients about Vaping: Hear What Experts Have to Say](#)
- ❖ [Focusing on Youth – One Conversation at a Time](#)
- ❖ [Connection – Strong Relationships Prevent Substance Misuse](#)
- ❖ [Alternatives to Suspension: A look at Getting Started](#)



E-Learning Modules

- [Youth Vaping Basics](#) - provides key facts about the types of vaping products, why youth are attracted to vaping, and the impacts of vaping on youth mental and physical health, including brain development.
- [Motivational Conversations with Youth](#) – teaches skills for engaging youth in nonjudgmental conversations that motivate them to quit or cut back on vaping and other risky behaviors.
- [Effective Alternatives to Suspension: Promoting Student Wellbeing](#) - learn the benefits of supportive disciplinary policies and practices, and how to build support for and implement supportive disciplinary practices.





Tobacco Treatment

- Text

“Start My Quit” to 36072 or 1-855-891-9989

- Call

1-855-891-9989

- Online chat

Visit www.MyLifeMyQuit.org

- Start Your Quit

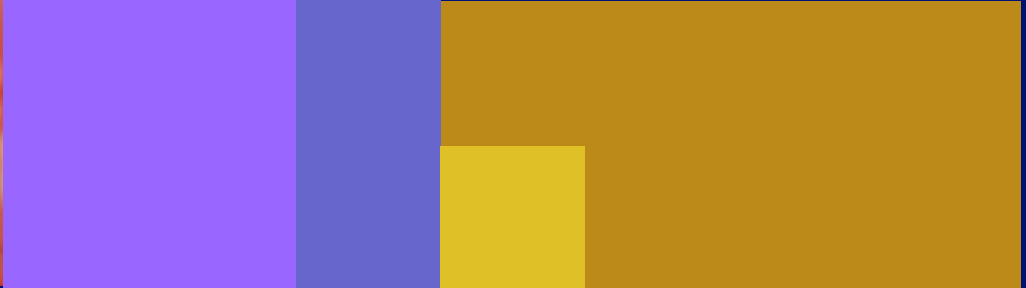
Visit https://nh.mylifemyquit.org/My-Quit/Enroll_Now



Additional Resources



Order free educational materials at: [QuitNow New Hampshire \(quitnownh.org\)](http://QuitNow New Hampshire (quitnownh.org))



Thank you.

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