



**LIFE OF AN
ATHLETE**

ELEVATE NH STUDENT LEADERSHIP CONFERENCE

January 30, 2025 (snow date 1/31)
8:30am - 1:00pm at Primex, Concord NH



**FREE JOIN
US!**

We are pleased to announce that in-person NH Student Leadership Summit is back! The pandemic has taken a toll on many of our student leadership programs, but it is now time to re-ignite our SALT and other student leadership teams with this very informative day for students and advisors.



Register your group
by December 18th



Check out the Free
Conference Resources for
Life of an Athlete and
share your group ideas

5 Training Breakout Sessions

- Implementing Life of an Athlete 101- Presented by Timberlane Life of an Owl Leaders
- Be Bold Leadership from One Trusted Adult- Presented by Bow High School Leaders
- Relational Leadership- Presented by Deb and Trevor Hult of Core Trainings
- Confronting Behaviors of Concern, Pyramid of Prevention- Presented by NH Teen Institute
- Sportsmanship and Fan Behavior- Presented by NH Technical Institute Student Leaders

2 Adult Breakout Sessions:

- Life of an Athlete and Student Leadership How to Get Started- Presented by Angelo Fantasia, Timberlane AD, and Tim Lena,
- Student Leadership, Youth Development, Evidence Based Approaches for Prevention- Presented by the NH Center for Excellence Service to Science and the NH Dept of Ed. Office of Social and Emotional Wellness.

This training is made possible through the collaboration of NH Center for Excellence , South Central Public Health Network, SoRock Coalition for Healthy Youth, NHADA, and NHIAA . Working together to improve mental health, reduce substance misuse and increase wellness in our communities.





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