

# Youth Vaping Resources for Schools

Informative and impactful resources on **youth vaping, effective communication, and positive discipline** designed to equip you with the knowledge, skills and confidence to address youth vaping. Developed with input from youth prevention advocates and educators and based on the latest in prevention science and adolescence development, these resources are intended for school-based youth prevention professionals, including Student Assistant Program Coordinators, school nurses, counselors, school resource officers, educators and other staff who regularly work with youth. Continuing education credits are provided.



## VIDEOS:

**Focusing on Youth - One Conversation at a Time:**  
Students from around NH share how trusted adults help them make safe and healthy decisions.

**Connection - Strong Relationships Prevent Substance Misuse:**  
Real NH youth share what works to prevent problems with alcohol, tobacco and other substances and how to build developmental assets. Group discussion guide provided.



### **Alternatives to Suspension: A Look at Getting Started:**

School professionals talk about what it takes to shift from suspending students from school to offering alternative consequences for negative behaviors that prioritize time in school along with health education, relationships, and coping skills.



## TOOLKIT:

**Community Vaping Prevention Toolkit:**  
Evidence-based strategies and resources to address youth vaping in your community including factsheets on safe disposal of vape devices, lists of prevention and intervention curriculums and downloadable bulletin board materials.



## ELEARNING MODULES:



**Motivational Conversations With Youth:**  
Strategies to keep the conversation focused on what's important to youth while motivating behavior change.



**Youth Vaping Basics:**  
Key facts about the types of vaping products (e-cigarettes) currently available, chemicals they contain, why youth are attracted to vaping, and the impacts of vaping on youth mental and physical health, including brain development.



**Supportive Disciplinary Policies and Practices:**  
Learn from experts and seasoned educators about the benefits of and methods for establishing supportive disciplinary policies and practices that strengthen connectedness and keeps kids in school.

