

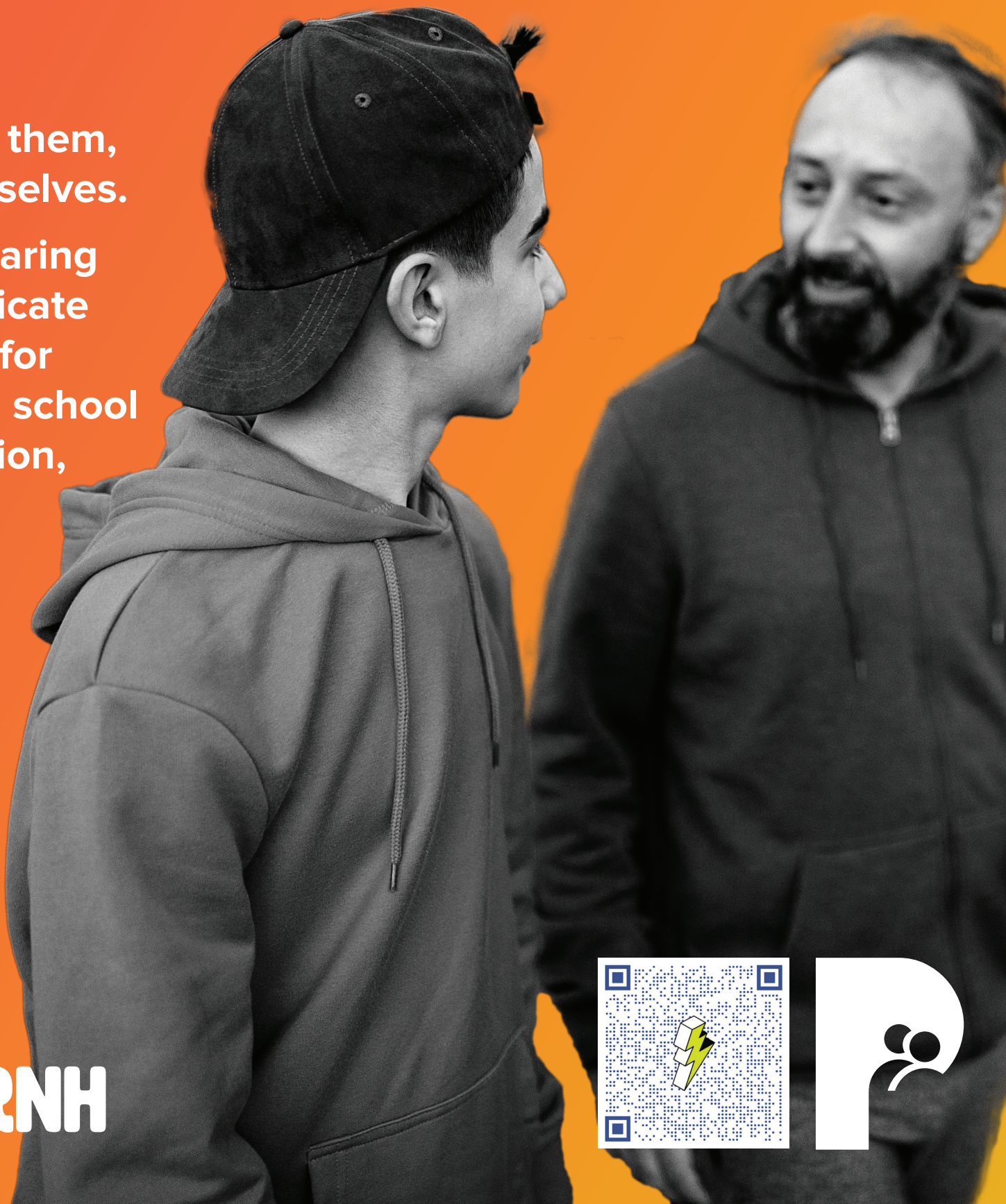
STRONGER THAN YOU THINK

When you believe in them,
they believe in themselves.

Children who have caring
adults who communicate
higher expectations for
school success, high school
and college completion,
and personal
achievement in
supportive ways are
less likely to engage
in risk behaviors.

**COMMUNICATION IS
STRONGER THAN
YOU THINK.**

#STRONGERNH



The developing brain (up to age 25) is impacted by substance
use and can result in increased potential for developing a
substance use disorder, dependence and poor mental health.

STRONGERNH.ORG



Accurate and up-to-date INFORMATION
about alcohol, tobacco and other
substances to inform your decisions and
the conversations you have with others.

Every day ACTIONS you can take
in your home, school, community or
worksite to prevent substance misuse
and promote wellness.

CONNECTION
to substance misuse prevention
professionals, activities and resources.