

Partnership Convening
Friday, May 5, 2023
10:00 - 11:30 AM ET



Meeting Minutes

This convening provides training on LGBTQ+ Allyship 101 with Seacoast Outright.

Attendees (34): Stephanie Wolff (Franklin Partners in Prevention), Karen Kimel, Marissa Carlson (NH Teen Institute), Dan Andrus (Foundation for Healthy Communities), Zach Parker (Student Assistance Counselor at Sanborn Regional High School), Heather Morris (Community Action for Safe Teens), Jocelyn Seager (Parent Education Coordinator at NH Teen Institute), Abbi Massey (SAP at Raymond Middle School), Charlotte Scott (SoRock Coalition), Stephanie Bean, Amanda Huyler (Littleton High School), Ashley Sullivan (Granite United Way), Elizabeth Brochu, Felicity Bernard, Hanna Brooks (DHMC), Janet Valuk (Nashua Prevention Coalition), Jenna Grossman (Student Assistance Counselor at Sanborn Regional High School), Julie Conrow, Kate MacDonald, Kristen (HAVEN NH), Morgan Hempen, Sarah Desaulniers, Sarah Roberts, Vicki Harris (Dover Coalition for Youth), Deryn Smith, Alissa Cannon

CHI/JSI: Christin D'Ovidio, Julie Yerkes, Emma Kane, Nikki Chute, Audrey Foxx, Karyn Madore

Presenters:

- Heather Mackinnon (she/her) and Ian Meier (he/him/his) from [Seacoast Outright](#)

Please complete our meeting evaluation: <https://forms.gle/mEuyvDnN395hvFN5A>

Watch the recording [here](#). **PLEASE NOTE:** This presentation is password protected and available for attendees only, it is not to be shared with the general public. The password to view the recording is PDFNHSOT552023.

1. **Welcome and Introductions** (Julie Yerkes)
2. **LGBTQ+ Allyship 101: Cultural Proficiency** (Presented by: Heather Mackinnon and Ian Meier from Seacoast Outright)

- Through educational programs, annual Pride celebrations, and youth/parent support groups, Seacoast Outright creates a safe space for youth to explore the topics of gender and sexuality in a welcoming and understanding environment.
- Training is focused on the foundational concepts of the LGBTQIA+ community, the importance of allyship and the role of bias on mental health outcomes, and practical strategies to act as an ally to LGBTQ+ clients and coworkers.
- Data points:
 - [14% of LGBTQ+ youth](#) attempted suicide in the past year, but having one supportive adult in a youth's life decreases suicide attempts by 40%.
 - [Over half of LGBTQ+ youth](#) used alcohol and a third used marijuana in the last year. Youth who experienced conversion therapy have 2x greater odds of regular prescription drug misuse.
 - [36% of LGBTQ+ youth](#) have been physically threatened or harmed due to their identity. These youth are almost 3x more likely to attempt suicide.
 - [73% of LGBTQ+ youth](#) have experienced discrimination based on their identity at least once. These youth show much higher rates of having attempted suicide in the past year.
 - [Youth who do not experience anti-LGBTQ+ discrimination](#) at school miss school three times less and their GPAs are much higher. These youth are less likely to be disciplined at school, less likely to be depressed, and have higher self-esteem.
- [The National Center of Excellence on LGBTQ+ Behavioral Health Equity](#) (co-sponsored by SAMHSA & some social work university programs) has a lot of behavioral health-specific resources, data sheets, etc.
- [Model Local Education Agency Policy on Transgender and Nonbinary Students](#)

3. Partnership Updates

- May is Mental Health Month! Access the 2023 Mental Health Month Toolkit from Mental Health America on their website [here](#).
- The Partnership @drugfreeNH is hosting a variety of events and Facebook Lives during National Prevention Week 2023. [Learn more and register here!](#)

- Access our new mini social media toolkit to enhance partner communication for National Prevention Week on our website [here](#).
- Watch our tutorial videos on [how to co-brand with The Partnership @drugfreeNH](#) and [how-to post our partner toolkits on your social media accounts](#).
- Check out our recent [blog posts](#) and [podcast episodes](#).
- Hosting an event? We can help you promote it! Let us know by [connecting with us on our website](#).

4. Complete the Partnership Convening Evaluation!

<https://forms.gle/mEuyvDnN395hvFN5A>