

# IT CAN WAIT

Hearing what our kids have to say can be stressful and cause worry. Take deep breaths. They are sharing and exploring and trying to figure out what the boundaries are. This is your chance to listen, open up the door for communication and learn about what youth know and what they need to still learn.

Listening is stronger than you think.

**#STRONGERNH**



# THE PARTNERSHIP OFFERS:

## **Accurate and up-to-date INFORMATION**

about alcohol,  
tobacco and  
other substances  
to inform your  
decisions and the  
conversations you  
have with others.

## **Every day ACTIONS you can take**

in your home,  
school, community  
or worksite to  
prevent substance  
misuse and  
promote wellness.

## **CONNECTION**

to substance  
misuse  
prevention  
professionals,  
activities and  
resources.



# STRONGERNH.ORG

