KNOW BEFORE THEY GO

Checking in with your child to know who they will be with, what they will be doing, where they are going, when they will be back, can actually make them safer. You are the #1 influence on whether your child chooses to use marijuana, tobacco, alcohol or other drugs.

Your opinion is stronger than you think.

#STRONGERNH
Accurate and up-to-date INFORMATION about alcohol, tobacco and other substances to inform your decisions and the conversations you have with others.

Every day ACTIONS you can take in your home, school, community or worksite to prevent substance misuse and promote wellness.

CONNECTION to substance misuse prevention professionals, activities and resources.

THE PARTNERSHIP OFFERS:

INFORMATION • ACTION • CONNECTION

strongernh.org

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