The amount of THC in marijuana has increased from an average of 3.5% to 14% - some are up to 30%. Marijuana concentrates typically have THC concentrations of 40% to 90% or greater.

Your influence is stronger than you think.

#STRONGERNH
Accurate and up-to-date INFORMATION about alcohol, tobacco and other substances to inform your decisions and the conversations you have with others.

Every day ACTIONS you can take in your home, school, community or worksite to prevent substance misuse and promote wellness.

CONNECTION to substance misuse prevention professionals, activities and resources.