Partnership Member Meeting

September 10, 2021
Agenda

10:00 - 10:05  Welcome and Introductions
10:05 - 11:00  Suicide Prevention Efforts in NH
11:00 - 11:05  Evaluation Reminder
11:05 - 11:20  Partnership Updates
11:20 - 11:30  Partner Updates
Suicide Prevention

Jennifer Sabin, MSW, Suicide Prevention Coordinator, DHHS

Elaine deMello, LICSW, Dir of Suicide Prevention Services, NAMINH

Candice Porter, MSW, Executive Director, Connor’s Climb

Shamera Simpson, Area Director, American Foundation for Suicide Prevention
Meeting Evaluation

Please complete our evaluation form!
Partnership Updates

CONFEERENCE REGISTRATION NOW OPEN!

WHEN          October 4, 2021, 8:30 am - 3:00 pm
WHERE          Virtual
WHO            Prevention Specialists, Community Coalitions, Health and Human Services Professionals, Social Service Professionals, Behavioral Health Specialists and Social Workers
COST           $75
REGISTER       1. Visit the conference program to read about each workshop being offered
               2. Choose the workshops that you would like to attend
               3. Use the registration link in the program to register

CONTINUING EDUCATION CREDITS
This program has been approved for 4.5 Category A Continuing Education Credits by the National Association of Social Workers, NH Chapter. CEU #3855
*NASW-NH approval also covers professionals licensed through the NH Board of Mental Health Practice and the NH Board of Psychologists
*The NH Prevention Certification Board has approved this program for 5 Certified Prevention Specialist (CPS) contact hours for Domains 3 & 6
Participants must be present and engaged for at least 80% of the program and submit an evaluation in order to receive credit.
CANNABIS USE AMONG YOUNG PEOPLE
WHAT PARENTS AND CAREGIVERS CAN DO

APRIL, 2021

Cannabis is commonly used substance among New Hampshire youth. It is seen by many as a harmless substance in part because its use is so widespread, and it is easy to access. Research shows when teens and adults believe there is little risk in using marijuana, then rates of use increase. According to the NH Youth Risk Behavior Survey data, perception of harm towards cannabis has gone down from 21.7% in 2013 to 10.3% in 2019. However, when caring, informed loved ones talk with young people about the real consequences of cannabis use, they influence their attitudes and beliefs around use and prevent problems.

One factor driving this perception is the changing landscape around the country where states have increased legal access to recreational or therapeutic forms of cannabis. In New Hampshire, cannabis has been decriminalized down to a misdemeanor for adults. Also, those with a qualifying medical condition can receive certification or a card from their healthcare provider to purchase up to two ounces of cannabis at a time from a certified alternate treatment center for therapeutic use.

Recreational cannabis use (or any substance use) and adolescence do not mix, because the brains of adolescents are developing

Cannabis has roughly 400 chemicals. The main active chemical is delta-9-tetrahydrocannabinol (THC), which is what causes you to feel high. Another major component is cannabidiol (CBD). Studies on "THC free" products find that many actually contain a measurable amount of THC.

for example, as the suicide rate increased so did the influence of cannabis. Between 2004 and 2019, the percentage of deaths by suicide who had cannabis in their system increased from 5.5% to 22.8% while the number of suicides in the state nearly doubled over the same time period. In New Hampshire, cannabis has been a factor in over half of all fatal car crashes in the state.

Another major concern of cannabis use among youth is the increased availability of high potency marijuana. Numerous studies confirm the increased potency of THC in products available today. Higher potency products pose significant risks related to psychosis and
Partnership Updates

Power of Prevention Podcast

Listen, subscribe, and share with your communities

Available on  Apple  |  Stitcher  |  Spotify
Partnership Updates

Power of Prevention Video
Submit your events to the online calendar

Utilize the listserv to share and gather information

partnership_drugfreenh@jsi.com
Upcoming Meetings

The Power of Prevention Conference
Monday, October 4, 8:30 am - 3:00 pm

Partnership Convening
Friday, November 5th, 10 - 11:30 am
Steering Committee

Traci Fowler, NH Charitable Foundation

Monica Gallant, Souhegan Boys and Girls Club

Melissa Lee, UNH Cooperative Extension
Questions

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• thepartnership@jsi.com