Reducing Stigma

Where are we now and where do we need to go?

July 8, 2022
Our Vision
A New Hampshire in which citizens are fully aware of the problems and solutions of substance misuse.

Our Mission
The mission of The Partnership @drugfreeNH is to create and promote consistent statewide messages about the problems and solutions of substance misuse in New Hampshire through engagement of partners.
How to Connect

visit www.drugfreenh.org

- for information, every day actions, connection
  - Get the Facts, specific substances and evidence based practices, local and national
  - Blog
  - Podcast
  - Videos
  - Calendar
- to join mailing list
- to join listserv
- to submit and view events

connect on Social Media
- Facebook, Instagram, LinkedIn, Twitter, YouTube, Vimeo

attend bi-monthly convenings, trainings, workgroups
Agenda

● Welcome and Introductions

● Presentation
  ○ What is Stigma and Why do Words Matter?
    ■ Kristie Curtis, Recovery Friendly Workplace

● Small group discussion
  ○ Where do you see stigma and how is it impacting your work
  ○ What resources are available to help address this stigma?
  ○ What is needed?

● Partner Updates

THE PARTNERSHIP
@drugfreeNH
Resources

Ending Discrimination Against People with Mental and Substance Use Disorders: The Evidence for Stigma Change

Developing Effective Anti-Stigma Interventions

Preventing-and-reducing-stigma-community-sectors

California Community Colleges Health and Wellness Factsheet: Stigma Reduction Activities

**NH Based Education and Training**

NAMI NH: community education and social contact; suicide prevention

UNH - Mental Health First Aid

Recovery Friendly Workplace - Substance Use Disorder 101 and Stigma

NH Harm Reduction Coalition - Harm Reduction 101, Narcan training

Pinetree Institute - ACES, PACES,

Local coalitions, DFCs, Substance Misuse Prevention Coordinators and Continuum of Care Coordinators
Partnership Updates

Partnership with Opioid Prevention Project:
looking for video participants - lived experience early intervention

Latest Podcasts:
Melissa Lee, Opioid prevention efforts
Governor’s Youth Advisory Council
Lynn Lyons

Latest Blogs:
Tym Rourke - parenting in the new normal Covid era
Governor Sununu - Opioid crisis in NH and youth in prevention
Lynn Lyons - anxiety in childhood, how to best support your children