



# Reducing Stigma

Where are we now and where do we need to go?

July 8, 2022



# The Partnership

## Our Vision

A New Hampshire in which citizens are fully aware of the problems and solutions of substance misuse.

## Our Mission

The mission of The Partnership @drugfreeNH is to create and promote consistent statewide messages about the problems and solutions of substance misuse in New Hampshire through engagement of partners.



# How to Connect

visit [www.drugfreenh.org](http://www.drugfreenh.org)

- for information, every day actions, connection
  - Get the Facts, specific substances and evidence based practices, local and national
  - Blog
  - Podcast
  - Videos
  - Calendar
- to join mailing list
- to join listserv
- to submit and view events

connect on Social Media

- Facebook, Instagram, LinkedIn, Twitter, YouTube, Vimeo

attend bi-monthly convenings, trainings, workgroups

# Agenda

- **Welcome and Introductions**
- **Presentation**
  - **What is Stigma and Why do Words Matter?**
    - Kristie Curtis, Recovery Friendly Workplace
- **Small group discussion**
  - **Where do you see stigma and how is it impacting your work**
  - **What resources are available to help address this stigma?**
  - **What is needed?**
- **Partner Updates**

# Resources

[Ending Discrimination Against People with Mental and Substance Use Disorders: The Evidence for Stigma Change](#)

[Developing Effective Anti-Stigma Interventions](#)

[Preventing-and-reducing-stigma-community-sectors](#)

[California Community Colleges Health and Wellness Factsheet: Stigma Reduction Activities](#)

## **NH Based Education and Training**

[NAMI NH](#): community education and social contact; suicide prevention

[UNH](#) - Mental Health First Aid

[Recovery Friendly Workplace](#) - Substance Use Disorder 101 and Stigma

[NH Harm Reduction Coalition](#) - Harm Reduction 101, Narcan training

[Pinetree Institute](#) - ACES, PACES,

Local coalitions, DFCs, Substance Misuse Prevention Coordinators and Continuum of Care Coordinators

# Partnership Updates

## Partnership with Opioid Prevention Project:

looking for video participants - lived experience early intervention

## Latest Podcasts:

Melissa Lee, Opioid prevention efforts

Governor's Youth Advisory Council

Lynn Lyons

## Latest Blogs:

Tym Rourke - parenting in the new normal Covid era

Governor Sununu - Opioid crisis in NH and youth in prevention

Lynn Lyons - anxiety in childhood, how to best support your children