

Partnership Member Meeting

January 7, 2022



Agenda

10:00 - 10:15	Welcome and Introductions
10:15 - 11:00	Prevention Messaging and Materials: Looking back and moving forward
11:00 - 11:00	Evaluation Reminder
11:00 - 11:30	Partner Updates

Partnership Materials and Messaging

Framing Prevention

- Universal prevention - knowledge, skills, resources to boost protective factors (such as positive parenting style, caring school climate and school connectedness, participation in activities, opportunities for meaningful engagement in community, connectedness to other caring adults)
- Increasing knowledge about substances and the associated risks
- Connecting to evidence based prevention strategies and programming in NH

Partnership Materials and Messaging

#DryJanuary

TakeABreakNH.org

Instagram: @takeabreaknh

Facebook:

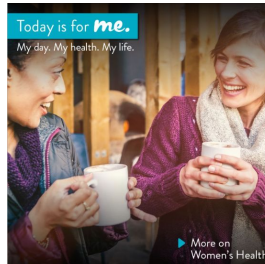
facebook.com/TakeABreakNH

TodayisFor.Me

Instagram: @todayisforme

Facebook:

facebook.com/TodayisForMe



BingeFree603.org (Sober Curious)

Instagram: @bingefree603

Facebook:

facebook.com/BingeFree603



alcoholchange.org.uk/get-involved/campaigns/dry-january

Partnership Materials and Messaging

#DryJanuary



Kick off 2022 the right way! Feel better, sleep better, and improve your overall health by taking a break from alcohol this month.



It's important to take control of your health, wealth, body, and mind and cut back if you aren't feeling great after drinking alcohol. Why not try a Dry January? According to



A month spent alcohol-free can be a month well spent! Participating in Dry January can lower your blood pressure,

Partnership Materials and Messaging

#TalkTheyHearYou
*We're posting so you
don't have to.*



#TalkTheyHearYou

talk
they hear you®

BEFORE YOUR TEEN GETS BEHIND THE WHEEL...
Make sure she understands the risks of drunk and drugged driving.

www.underagedrinking.samhsa.gov

SAMHSA
Substance Abuse and Mental Health Services Administration



Dinner time.
A perfect moment to talk about alcohol.

talk
they hear you®

Warning: numbers of pre-teens are drinking alcohol—which makes it urgent to find every opportunity to talk to your kids about the dangers of underage drinking. For tips on how—and when—to begin the conversation, visit www.underagedrinking.samhsa.gov

talk
they hear you®

SAMHSA
Substance Abuse and Mental Health Services Administration



talk
they hear you®

COACH YOUR KIDS THROUGH MORE THAN JUST HOMEWORK.
Spend time together to show you care about your child's health, wellness, and success.

talk to your children about the dangers of taking medications that aren't being to them. Visit talktoyourkids.samhsa.gov

talk
they hear you®

SAMHSA
Substance Abuse and Mental Health Services Administration

TALKING WITH YOUR CHILD ABOUT OPIOIDS:
Keeping Your Kids Safe



talk
they hear you®



Shopping break.
A perfect moment to talk about alcohol.

talk
they hear you®

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talk
they hear you®

SAMHSA
Substance Abuse and Mental Health Services Administration



During family time.
A perfect moment to talk about alcohol.

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talk
they hear you®

SAMHSA
Substance Abuse and Mental Health Services Administration

#TalkTheyHearYou

talk
they hear you®

Partnership Materials and Messaging

Universal Strategies

Connection - Relationships - Partnerships

Website: Framing of everyday actions that parents, schools, and communities can take to increase protective factors and linking to resources in the state.

Videos: The Power of Prevention

Strong Connections prevent Substance Misuse

Podcasts: Interviews with stakeholders to discuss mental health and substance use issues and solutions

Social media: posts increasing knowledge and skills around protective factors

Partnership Materials and Messaging

Increasing knowledge about substance and substance use in NH

Website: substance specific pages and fact sheets

Social media: posts increasing knowledge and skills around substances and the risks associated with each

Partnership Materials and Messaging

Connecting to evidence based prevention strategies and programming in NH

- State funded programs
- Community Coalitions
- Partners
- Grassroots programs showing evidence of effectiveness

Partnership Updates

Submit your events to the online calendar

Utilize the listserv to share and gather information
partnership_drugfreenh@jsi.com

Partnership Updates

Granite State students grades 5-12 are invited to submit a creative piece about their experience and connections to mental health. Winners will be awarded cash prizes at the celebration event on May 4, 2022, at the Tupelo Music Hall, Derry!

To enter:

- Create a short film (2 minutes or less)
- Write an essay or poem (1000 words or less)
- Design another medium of expression such as a painting, song, or sculpture

ENTRIES DUE: March 4, 2022


To learn more visit <https://sites.google.com/view/magnify-voices/home>

Questions? Contact Michele Watson
603-545-9569 or mwatson@NAMINH.org



 + Add to Google Calendar




 + Add to iCalendar



Partnership Updates

Topic January 2022 Partnership Convening


Description The Partnership will convene with partners every other month to discuss upcoming activities and prevention initiatives. Make sure to add this event to your calendar after registering!

Time Jan 7, 2022 10:00 AM in [Eastern Time \(US and Canada\)](#)
 [Add to calendar](#) ▼

Meeting ID: 988 5459 4536

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 [Add to calendar](#) ▼

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To Join the Meeting

Join from a PC, Mac, iPad, iPhone or Android device:

-  Google Calendar
-  Outlook Calendar (.ics)
-  Yahoo Calendar

Meeting Evaluation

Please complete our evaluation form!

Partner Updates

Upcoming Meetings

[Partnership 2022 Convening Schedule](#) (All meetings are from 10:00 - 11:30am)

- **Friday, March 4, 2022**
- **Friday, May 6, 2022**
- **Friday, July 8, 2022**
- **Friday, September 9, 2022**
- **Friday, November 4, 2022**
- [Training Series Schedule](#) (All workshops are from 12:00 - 1:15pm) - [REGISTER HERE!](#)
 - **Thursday, January 13th** - How to Create and Roll Out A Strategic Partner Toolkit for Your Opioid Messages
 - **Thursday, January 20th** - Using Mobile Technology for Primary, Secondary and Tertiary High School and College Prevention Efforts
 - **Thursday, January 27th** - Children Deserve Recovery Too!
 - **Thursday, February 3rd** - Implementing SBIRT
 - **Thursday, February 10th** - Living Well with Chronic Pain: An Evidence Based Program for Adults in Your Community
 - **Thursday, February 17th** - Bringing Youth Voice to Prevention

Steering Committee

Traci Fowler, NH Charitable Foundation

Monica Gallant, Souhegan Boys and Girls Club

Melissa Lee, UNH Cooperative Extension

Questions

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