

## The Partnership @DrugFreeNH

Partner Convening

September 10, 2021

10 – 11:30 am

### Attendees:

**Partners:** Jennifer Sabin, Aimee Tucker, Kara LaMarche, Kerri Lowe, Samantha Tracy, Christina Cruz, Craig Houston, Ariel Horowitz, Ellen Wicklum, Melissa Lee, Elizabeth Brochu, Andrea Smith, Jess Morton, Shamera Simpson, Elaine de Mello, Marissa Carlson, Vicki Harris, Beth D'Ovidio, Candice Porter, David Mara, Melissa Allen, Katie Lenhoff, Shana Karlstrand, Theresa Georges, Eliza Zarka, Stephanie – NHADACA, Janet Valuk, Cora Long, Jason Plant, Ashley Sullivan, Eric McCambly, Deryn Smith, Debbie Baird, Sarah Johnston, Samantha Durfee, Samantha Worth, Carol Furlong, Jessie Hurlbert, Susan Morrison, Kim Perkinson, Kate McKinnon, Kate Frey, Catalina Kirsch, Brian Mooney

**JSI:** Amy Daniels, Julie Yerkes, Karyn Madore, Jessica Holli, Hannah Sargent

[Please complete our meeting evaluation!](#)

### Meeting Minutes

- **If you or someone you know is in crisis, please contact the National Suicide Prevention Lifeline**
  - 1-800-273-TALK (8255)
  - **Veterans: Press 1**
- NH DHHS
  - Suicide is the 8th leading cause of death in NH among multiple age groups
  - 22% of deaths by suicide in the US involve alcohol use
  - 20% of deaths by suicide in the US involve opioid use
  - *Substance use prevention, treatment & recovery is suicide prevention*
  - SBIRT can help identify those who are at risk of suicide
  - Frameworks for successful messaging – focus on the positive
  - NH State Suicide Prevention Plan
    - Promote Awareness
    - Reduce Stigma
- [NAMI](#)
  - [NAMI 's Connect Suicide Prevention and Postvention program](#) includes training, protocols, and consultation; Children and Youth services are also available
- [Connor's Climb Foundation](#)

- SOS Signs of Suicide Prevention Program is an evidence-based universal program that targets the entire population (like an entire grade or school) to ensure everyone gets the trainings and prevents the adult assumption of who may or may not need the skills
- Connor's Climb Foundation also offers in-person and Online SOS Suicide Prevention Trainings, ongoing TA and support, anonymous online behavioral health screening, and upstream awareness activities
- [American Foundation for Suicide Prevention](#)
  - Talk Saves Lives™, It's Real: College Students and Mental Health, and Gizmo's Pawesome Guide to Mental Health are prevention educational programs
  - Out of the Darkness™ Walks work to promote suicide awareness
- Partnership Updates
  - [Registration is open for The Power of Prevention conference!](#)
  - Power of Prevention podcast has launched and can be listened to on [Apple](#), [Stitcher](#), and [Spotify](#) – please share with your communities!
  - [Power of Prevention video](#) is live on our YouTube channel and is available for you to share
- Partner Updates
  - UNH Extension has an open position based out of our Sullivan County office in Newport on our Youth & Family Resilience team. We're going to start reviewing applications next week so if you're interested, get it in :)  
<https://extension.unh.edu/blog/2021/07/unh-extension-seeks-adult-behavioral-health-wellness-field-specialist-newport-nh>
  - This upcoming Wednesday, we are hosting a "Hope, Resilience & Recovery" Summit to address suicide prevention in honor of suicide prevention month. Registration link: <https://conta.cc/3jBzhst>
  - [Here is a list from NH DOE of prevention programs available to schools](#)
- NAMI events
  - [Strengthening the Community's Safety Net: Suicide Prevention Best Practice](#)
  - [NAMI Walks NH](#)
  - [Make It About Words](#)
  - Growth and Renewal: 18th Annual NH Suicide Prevention Conference
    - November 3-4, 2021
    - \*Registration opening soon \* Additional details/program to follow\*
    - \*Please direct inquiries to: [spconference@naminh.org](mailto:spconference@naminh.org)\*

### Upcoming Meetings

- The Power of Prevention Conference – 10/4/2021
- November Convening – 11/5/2021