



Two Day Dynamic Training For Middle and High School Professionals Interested in Improving Their School Climate and Empowering Youth

Date: August 11 & 12, 2022

Location: 72 Beebe River Road, Campton NH

Meals, lodging, implementation manual, student journals and year-long technical assistance provided.

What You'll Learn

How to adapt adventure education activities to be effective learning tools to address substance misuse and other challenging social behaviors. share program ideas and specific activities that can be effectively integrated into any classroom setting. Using an activity -based approach for teaching social skills has long been proven to be an effective method for changing behaviors and creating positive group norms.

- How to establish group norms that support and encourage a positive environment.
- Ways to evaluate and measure the effectiveness of your program's goals
- Successful methods for engaging students in a fun and productive manner to address challenging social issues
- Methods for incorporating appropriate activities into an existing curriculum

YLTA is an evidence based experiential youth development program designed for middle & high school students. It aims to develop the social and emotional competence that facilitates youths' resistance to alcohol, tobacco, and other drug use.



Objectives By the end of the training, attendees will have the knowledge to create and advise Middle & High school YLTA groups in their own school and fully implement the program with fidelity to the model. Participants will: Learn about the core components of YLTA; Learn strategies for implementation; Discuss fidelity as related to implementation; Be introduced to experiential education, environmental prevention strategies and service learning as related to the YLTA model; Participate in and learn about culturally relevant programming; Experience an evidence-based approach to group development; Learn how YLTA is being implemented at other sites; Explore the implementation readiness of your community.

Co-Facilitators:

Sean O'Brien, CEO of Adolescent Drug & Alcohol Prevention Tools, inc is the creator of Youth Leadership Through Adventure (YLTA). Sean has been empowering New Hampshire youth through the use of experiential programming for over twenty years. Sean's trainings are engaging, energizing and FUNN (Functional Understanding Not Necessary).

Staci Segalla, Director of Outdoor Education Adolescent Drug & Alcohol Prevention Tools. Staci has seasoned professional and has been facilitating YLTA weekend retreats, summer leadership academies and conferences for the past three years.

The YLTA Advisor Training will help advisors

- Gain a better understanding of Positive Youth Development
- Learn about youth activism, building strong leaders, and effective teamwork.
- Learn how to empower your students and support youth-led adult guided advocacy.
- Develop a detailed plan to bring local community efforts to the next level.

72 Beebe River Road, Campton, NH 03223

For more information, contact Sean O'Brien

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Registration link: <https://www.cognitofrms.com/Adapt6/YLTAAdvisorTrainingAugust1122022>

Light breakfast and lunch provided each day. Lodging available for two-day attendees