

APRIL IS ALCOHOL AWARENESS MONTH

Include information about Alcohol Awareness Month in
your organizations newsletter/e-newsletter

FOR PARENTS:

April is Alcohol Awareness Month and the National Council on Alcoholism and Drug Dependence, Inc. (NCADD) and the Partnership for a Drug-Free NH want parents to know that they play a crucial role in educating their children about the dangers of alcohol use. Research shows that kids who learn about the dangers of underage drinking from their parents are up to 50 percent less likely to experiment than kids who don't. While parents often forgive underage drinking as a "rite of passage," they can change their attitude and take an active role in learning about alcohol and drugs and help their kids do the same. To learn more about underage drinking in NH visit, drugfreenh.org/get-involved/alcohol-awareness-month

FOR YOUTH:

April is Alcohol Awareness Month and the National Council on Alcoholism and Drug Dependence, Inc. (NCADD) and Partnership for a Drug-Free NH want young people to know not everybody drinks. While some may view having a beer, or attending your first party with "booze" at the lake as a passageway to adulthood-- it's not. Rites of passage don't come with threats to health, freedom, and penalties. Alcohol is not necessary to have a great time. For more information about sober activities in NH visit, drugfreenh.org/get-involved/alcohol-awareness-month

FOR GENERAL USE:

April is Alcohol Awareness Month and the National Council on Alcoholism and Drug Dependence, Inc. (NCADD) and the Partnership for a Drug-Free NH want you to know that if you are concerned about your own use of alcohol or that of a friend, family member or child, help is available. If you or someone you know is experiencing an addiction-related crisis, call the NH Statewide Addiction Crisis Line at: 1.844.711.4357 (HELP). Call today for the information you need.

partnership for a
drug free NH ★

NEW HAMPSHIRE

AWARENESS MONTH

NH DEPT. OF HEALTH AND HUMAN SERVICES
NHBDAS
BUREAU OF DRUG AND ALCOHOL SERVICES
Promoting Prevention and Recovery