

Safe Celebrations

Keep the Conversation Going!

- * 50% of NH teens say their parents have talked with them about the dangers of drug and alcohol use.
- * 76.2% of NH teens say their parents have clear rules and consequences for their behavior

Data Source: 2015 YRBS

Recovery is possible.
If you or someone you know is struggling with drugs or alcohol, call the NH Bureau of Drug and Alcohol Services to speak with someone confidentially.
800-804-0909

To find treatment visit:
nhtreatment.org

High school prom & graduation are important milestones in a young person's life. During this time teens may feel more pressure to use alcohol or other drugs. Talk with your teen about your expectations for them to have fun & safe celebration!

Be Clear & Follow Through

- * **Know your teen's plans**
- * **Review rules & expectations**
- * **Check-in periodically**
- * **Let them call you with no questions asked**

[Click here for more on these & other tools to help you talk with your teen](#)

Underage drinking at home leads to real consequences for both parents & teens.

Not only is it illegal to supply minors with alcohol, it actually increases the risk for continued drinking in the teenage years and can lead to subsequent problem drinking later in life.

The NH Party Host Liability Law holds party "hosts" responsible for the actions of underage participants. A "host" can be charged with a misdemeanor, fined up to \$2000, and spend a year in jail.

[CLICK HERE FOR NH LAW & FOR MORE INFORMATION](#)