



# Snow day chores.

A perfect time to talk about alcohol with your teen.

Keep it simple, being a responsible driver is easy.

**If you are drinking, you are not driving.**

For tips on how and when to begin the conversation,

visit: [DrugFreeNH.org](http://DrugFreeNH.org)

partnership for a  
**drug free NH** ★

NH DEPT. OF HEALTH AND HUMAN SERVICES  
**NHBDAS**  
BUREAU OF DRUG AND ALCOHOL SERVICES

Promoting Prevention and Recovery





# Home for the holidays

A perfect time to talk about being a good role model. Keep it simple, don't ride with an impaired driver and have fun doing things with the whole family **without** alcohol. For tips on how and when to begin the conversation, visit: [DrugFreeNH.org](http://DrugFreeNH.org)

partnership for a  
**drug free NH** ★

NH DEPT. OF HEALTH AND HUMAN SERVICES  
**NHBDAS**  
BUREAU OF DRUG AND ALCOHOL SERVICES

Promoting Prevention and Recovery





# Heading out to hang with friends.

A perfect time to talk about alcohol with your teen.  
Keep it simple, being a responsible driver is easy.

**If you are drinking, you are not driving.**  
**Never get in a car with an impaired driver.**

For tips on how and when to begin the conversation,  
visit: [DrugFreeNH.org](http://DrugFreeNH.org)

partnership for a  
**drug free NH** ★

NH DEPT. OF HEALTH AND HUMAN SERVICES  
**NHBDAS**  
BUREAU OF DRUG AND ALCOHOL SERVICES

Promoting Prevention and Recovery





# Heading out to hang with friends.

A perfect time to talk about alcohol with your teen.

Keep it simple, being a responsible driver is easy.

**If you are drinking, you are not driving.**

**Never get in a car with an impaired driver.**

For tips on how and when to begin the conversation,

visit: [DrugFreeNH.org](http://DrugFreeNH.org)

partnership for a  
**drug free NH** ★

NH DEPT. OF HEALTH AND HUMAN SERVICES  
**NHBDAS**  
BUREAU OF DRUG AND ALCOHOL SERVICES

Promoting Prevention and Recovery





# Snow day chores.

A perfect time to talk about safe driving with your teen.  
Keep it simple, being a responsible driver is easy.

**Never get in a car with an impaired driver.**

**If you are drinking, you are not driving.**

For tips on how and when to begin the conversation,  
visit: [DrugFreeNH.org](http://DrugFreeNH.org)

partnership for a  
**drug free NH** ★

NH DEPT. OF HEALTH AND HUMAN SERVICES  
**NHBDAS**  
BUREAU OF DRUG AND ALCOHOL SERVICES

Promoting Prevention and Recovery